



**HORNCHURCH**

**HIGH SCHOOL**  
EXCELLENCE FOR ALL

## RELATIONSHIP AND SEX EDUCATION (RSE) POLICY

<b>SCHOOL NAME:</b>	<b>HORNCHURCH HIGH SCHOOL</b>
<b>DATE OF ADOPTION:</b>	<b>25/05/23</b>
<b>CHAIR OF GOVERNORS SIGNATURE:</b>	<b>T.IRISH-JONES</b>
<b>HEAD SIGNATURE:</b>	<b>S.MADHVANI</b>

### 1. Introduction

The aims of relationships and sex education (RSE) at our school are to ensure students learn about:

- different types of relationships, including friendships, family relationships, intimate relationships, dealing with strangers
- how to recognise, understand and build healthy relationships, including self-respect and respect for
- others, commitment, tolerance, boundaries and consent, and how to manage conflict, and also how
- to recognise unhealthy relationships;
- how relationships may affect health and wellbeing, including mental health;
- healthy relationships and safety online; and
- factual knowledge around sex, sexual health and sexuality, set firmly within the context of
- relationships.

The aims above are in line with the core expectations that we promote to all students: maintain a positive attitude, show respect for all and display high levels of commitment to being the best you can be.

### 2. Statutory requirements

Under 'Policy statement: relationships education, relationships and sex education, and personal, social, health and economic education', RSE will become statutory in all schools from September 2020.

Secondary schools must have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.

At Hornchurch High School we have chosen to implement the teaching of RSE as set out in this policy from September 2020

### **3. Definition**

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information, and exploring issues and values.

**RSE is not about the promotion of sexual activity.**

### **4. Delivery of RSE**

RSE is taught within the school's personal, social, health and economic (PSHE) education curriculum.

Biological aspects of RSE are taught within the science curriculum.

Across both Key Stages, pupils will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work

### **5. Roles and responsibilities**

#### **5.1 The governing board**

The governing board will approve the RSE policy, and hold the head teacher to account for its implementation.

#### **5.2 The head teacher**

The head teacher is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory components of RSE (see section 6).

### **5.3 Staff**

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the head teacher.

### **5.4 Pupils**

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity. This response is in line with our core values of maintaining a positive attitude, respect for others at all times and displaying high levels of commitment.

### **6. Parents' right to withdraw**

Parents' have the right to withdraw their children from the non-statutory components of RSE.

Requests for withdrawal should be put in writing and addressed to the head teacher. A copy of withdrawal requests will be placed in the pupil's educational record. The head teacher will discuss the request with parents and take appropriate action.

Appropriate alternative work will be given to pupils who are withdrawn from RSE.

### **7. Training**

Staff are trained on the delivery of RSE and meet on a regular basis with the teacher in charge of PSHE (RSE) Meeting time, on INSET days and during CPD twilight sessions.

The head teacher and member of SLT and heads of year will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

### **8. Monitoring arrangements**

The delivery of RSE is monitored by the Head of Faculty through the Quality Assurance programme of learning walks, book scrutinises, lesson observation and student voice.

Pupils' development in RSE is monitored by class teachers through the use of, "I Can ..." statements, but is not formally assessed using the 9-1 grading system used by other subject areas.

This policy will be reviewed every two years. At every review, the policy will be approved by the governing body