

Hornchurch High School works with The Skills Builder Partnership to ensure every learner has opportunities to build eight essential skills to support them now and in the future. This takes place during form time and Well-being lessons.



Research has shown that building these eight essential skills can support the emotional wellbeing and academic success of children and young people, as well as preparing them for life beyond school.

Skills Builder has developed a Universal Framework that breaks each of these essential skills down into 16 teachable steps. We use this framework to teach and practise each of the eight skills at the appropriate level throughout school life.



Skills Builder has a resource platform dedicated to helping parents and carers to build their child's essential skills at home: Skills Builder Homezone (skillsbuilder.org/homezone).

From Weekly Skill Challenges, to family activities and guidance to share with older children to access independent tools for their own skill development, Skills Builder Homezone can be enjoyed at a time and pace to suit all families.

