

Sex Education Policy

1. Rationale

It is a requirement that all maintained secondary schools provide sex education (including education about HIV and AIDS and other sexually transmitted diseases) and teach human growth and reproduction as set out in the National Curriculum.

Our Governing Body have agreed this written statement and make it available free to parents. The LA, Governing Body and Head Teacher ensure that any sex education is provided in a way that encourages pupils to consider morals and the value of family life.

Why does sex education need to be part of the school curriculum?

- a) Research indicates that parents want it to be.
- b) Not all parents feel able to explain and support their children in this way.
- c) As educators, we can provide the learning opportunities and resources.
- d) Pupils require information, guidance and opportunities to discuss the issues involved.

2. Aims

The aims of our sex education programme are:

- a) To prepare Albany students for all aspects of their personal and social life.
- b) To develop and improve their self-esteem.
- c) To encourage sexual responsibility, emphasising the rewards of healthy relationships.
- d) To provide pupils with information in a balanced way.
- e) To understand the values which influence attitudes and behaviour.
- f) To encourage pupils to form their own opinions and make reasoned choices.
- g) To help pupils recognise the advantages of stable relationships and family

life.

h) To encourage pupils to have due regard for moral responsibilities.

3. Programme

Provided below is an overview of the Sex Education Programme Year 7 – 11.

Please note that:

- Content is governed by the requirements of the National Curriculum.
- P.E. delivery of Sex Education is directed wholly towards personal health/hygiene. [Girls only]
- The Science Department focuses on the Biology of Human reproduction.

| | CONTENT | RESOURCES | STAFF |
|--------|---|---|--|
| Year 7 | Reproduction of plants and animals including Humans Reproductive Organs. Menstruation, fertility treatment, pregnancy, birth, puberty. - | Videos. Model of embryo In womb. Exploring Science Text books. | Science Staff External Speaker (TBC) |
| Year 8 | P.E. staff reinforce continually hygiene & benefits of exercise with reference to menstruation. PSE Study of the effect of puberty on boys & girls: - Forming relationships with the opposite sex | Living & Growing + Tutorial Topics video. | P.E. Staff Citizenship Staff |



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| Year 10 | <p>Main methods of contraception. Moral and legal implications and responsibilities of sexual act.</p> <p>Speaker to include issues such as smear tests/breast checks and screening. - Supported by P.E. Staff.</p> <p>Genetic screening and ethics.</p> | <p>Videos & Leaflets. (Health Education Unit). Family Planning Association. Contraception demonstration Kit. Taking Sex seriously teaching resource.</p> | <p>Citizenship Staff.</p> <p>P.E. Staff</p> <p>External Speaker (TBC)</p> <p>Science Staff</p> |
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| Year 11 | <p>HIV & AIDS – physical & social considerations.</p> | <p>Various videos, leaflets and school teaching resources.</p> | <p>Citizenship Staff</p> |

4. Confidentiality

School staff cannot and will not guarantee unconditional confidentiality and give every encouragement to pupils to talk with their parents/carers whilst reassuring pupils that their best interests will be maintained. Pupils can be informed of sources of confidential help, e.g. G.P. Our separate policy on Child Protection would apply in appropriate cases.

5. Guidance and Consultation

In formulating this policy and programme, account has been taken of "Sex and Relationship Education Guidance" July 2000 and "A Guide to the Law for School Governors" 7th edition, February 2004. We are happy to welcome parents as guests to the various speaker sessions.

Parents have the right to withdraw their children from all or part of any sex education provided (but not from the biological aspects of human growth and reproduction necessary under National Curriculum Science). Parents are asked to make such a request in writing and to the Head Teacher directly within one school week of receiving the policy.